

In this issue:

- Shared Lives South Gloucestershire - First aid training pays off
- Shared Lives Herefordshire - The Evans family summer holiday
- Central Services team building

Shared Lives South Gloucestershire



First aid training, pays off

Our South Glos Carers recently received adult first aid training from ategi's training team. The Carers were trained in all aspects of emergency first aid but notably they were trained on administering CPR (Cardiopulmonary resuscitation). Those present and able practised the procedure and those not able observed and gained an understanding of how the procedure is done correctly. Everyone

passed the course and proudly left with their certificates. Unfortunately, not even 2 weeks later one of our carers suffered a cardiac arrest at his home. His wife, also a Shared Lives Carer who attended the training, knew exactly what to do. She was unable to perform the CPR as a result of an injury so she called to get a family member. The Carer then instructed how to perform CPR correctly

and efficiently until the ambulance arrived and the paramedics took over. The Carer then spent some time on life support and in intensive care. However, after several weeks he was discharged and went home to recover. Both of the Carers have said that if it wasn't for the ategi training just 2 weeks prior then our Carer might not be around today because they would not have known what to do.

Shared Lives Herefordshire



We're all going on a...

Ali and Dave, with their son Harvey, enjoyed a lovely holiday in Fuengirola, Southern Spain, in July this year, along with Josh, Becky and Rebecca. They all had a wonderful family holiday. There were new experiences for some such as an aeroplane ride, visit to the water

park and the opportunity to sample some great Spanish restaurants. It was great to sample the Mediterranean lifestyle, with everybody enjoying the sunshine, eating late and partying. The ability to have a swim every day in either the swimming pool or sea enabled everyone to

not only have a great time but also improve their swimming. Ali and Dave would recommend using Jet 2 airline. Whilst they are very competitive they found their customer service to be excellent and they were fabulous with their group.

Central Services team building



Please enjoy the photo, taken at our team building on the 1st September 2017.

We thoroughly enjoyed a long walk

together, starting at Craig-y-Nos Country Park in Abercrave; finished off with a delicious 3-course lunch.